

## How to use the SASKATCHEWAN DIETITIANS ASSOCIATION LEARNING PLAN form

ASSESSMENT	GOAL	OBJECTIVES	OUTCOME MEASURES	PROGRESS	DATE COMPLETE	IMPACT OF COMPLETED GOAL
Goal relates to Professional Standard #____ (from your self-assessment)  <span style="font-size: 2em; font-weight: bold;">①</span>	What do I want and/or need to learn?  <span style="font-size: 2em; font-weight: bold;">②</span>	How will I do this?  <span style="font-size: 2em; font-weight: bold;">③</span>	I will know I have reached my goal when.....  <span style="font-size: 2em; font-weight: bold;">④</span>	Completed, partially completed or suspended due to goal change.  <span style="font-size: 2em; font-weight: bold;">⑤</span>	<span style="font-size: 2em; font-weight: bold; color: red;">⑥</span>	Now that I have completed this goal, it will change my practice by...  <span style="font-size: 2em; font-weight: bold; color: red;">⑦</span>

\*\*\*Note that this document can be completed online and submitted electronically through the SDA website at [www.saskdietitians.org](http://www.saskdietitians.org) ⑧

1. Identify the professional standard number, based on your SDA self-assessment form (i.e. Standard 1- provision of service).
2. Based on your self-assessment, identify at least 2 goals for the year. If you have identified an “A” level priority, you should have a goal related to that competency.
3. From the goal, identify objectives that help you to specify how you will meet the goal.
4. Your outcome measure will answer the question, “I will know that I have reached my goal when...”

**The following sections are completed when you report back on your learning plan (at renewal time):**

5. Comment on your progress to date (i.e. completed, partially completed, suspended) and provide a bit of an overview.
6. Identify the date that you completed the goal. This helps to identify if activities were completed within the licensing year (April-March).
7. Reflect on the impact of this goal by answering the question, now that I have completed this goal, it will change my practice by...
8. Submit your learning plan on line from the members only side of SDA website- [www.saskdietitians.org](http://www.saskdietitians.org). The form won't look exactly as it does above, but all of the components will be included.