

How to use the Saskatchewan Dietitians Association Self Assessment Tool

STANDARD 1: PROVISION OF SERVICE TO A CLIENT ①

The dietitian uses a client – centered approach to provide and facilitate dietetic service.

1. The SDA Self-assessment Tool is based on the Professional Standards for Dietitians in Canada and outlines the broad professional characteristics and the acceptable behaviour of the profession. There are 6 standards.

2. The indicators are provided to illustrate how each professional standard can be applied.

3. Use check marks for each indicator to identify your level of competency. The scale is either N/A- not applicable, *-I require improvement in this area, **-I am comfortable in this area, ***- I am strong in this area.

4. Use check marks for each indicator to identify which are priorities. The scale is A- I need to make time to work on this, B- I need to work on this as time permits, C-I may only work on this if time permits and D- I do not need to work on this. **If you identify an area as “A” level priority, you should be setting a goal related to this standard.**

Self-Assessment Statements (Indicators) ②	Competency Scale ③				Improvement Priority Scale ④				Notes ⑤
	N/A	*	**	***	A	B	C	D	
I collaborate with my clients.									5. As you complete the self-assessment think of specific examples and write them in the Notes box. This will help you to remember the rationale for your ratings. If you are employed in more than one position/job, you can also use the notes section to identify which position/job your ratings refer to.
I collaborate with appropriate others (i.e. colleagues, outside agencies, students).									

5. As you complete the self-assessment think of specific examples and write them in the Notes box. This will help you to remember the rationale for your ratings. If you are employed in more than one position/job, you can also use the notes section to identify which position/job your ratings refer to.

Competency Scale

N/A = Not Applicable

* = I require improvement in this area

** = I am comfortable in this area

*** = I am strong in this area

⑥

USE BOTH RATING SCALES

Improvement Priority Scale

A = I need to make time to

B = I need to work on this as time permits

C = I may work on this only if time permits

D = I do not need to work on this

6. Your self-assessment is meant to frame your learning plan. Use the Competency and Improvement Priority scales to determine what you should include in your learning plan. You should be setting goals for the areas that you have determined as higher priority (ie. “A” level priority).

Note:

The self-assessment form is the driving force for the development of your learning plan. Although you are not required to submit your self-assessment to SDA for review, it will be required if you are among the 5% annually who are audited as part of the continuing competence program. As such, you should hang onto your self-assessment forms (and evidence to support the completion of items in your learning plan) for 5 years.