

SASKATCHEWAN DIETITIANS ASSOCIATION SAMPLE LEARNING PLAN

This sample learning plan provides examples to demonstrate how to use this form correctly. Your own learning plan will be unique to you and based on your own self-assessment against the Professional Standards for Dietitians in Canada. If you identify any "A" level priorities on your self-assessment, you should have at least one goal related to this indicator in your learning plan.

ASSESSMENT	GOAL	OBJECTIVES How will I do this?	OUTCOME MEASURES I will know I have reached my goal when.....	PROGRESS Completed, Partially Completed, Suspended	DATE COMPLETE	IMPACT OF COMPLETED GOAL ON PRACTICE Completion of this goal has changed my practice by...
Goal 1 relates to Professional Standard # 2	To improve my knowledge of nutritional management of Hepatitis C	<ul style="list-style-type: none"> ▪ in the next 3 months complete the DC Hepatitis C independent study course ▪ within 1 month of completing the course, implement the concepts of Hep C nutritional management for at least 1 client 	<ul style="list-style-type: none"> ▪ I have successfully completed the DC Hep C course ▪ I have made recommendations to my client(s) that reflect the current concepts of Hep C nutritional management. 	I have completed the DC course, but haven't seen any clients with Hep C to date as I have not had any referrals.	March 31	I am prepared to see clients with Hep C and am confident that the nutrition information I provide them with is current and evidence based.
Goal 2 relates to Professional Standard # 2	To enhance my team building skills	<ul style="list-style-type: none"> ▪ consult professionals that I feel are good team leaders, about resources ▪ review 1 of the recommended books on team building 	<ul style="list-style-type: none"> ▪ I have implemented 1-2 new team building approaches into my practice 	Consulted managers re team building and purchased 2 of the recommended books. Have read 1 of the books.	March 31	I am attempting to build a team approach on the various teams I work on.
Goal 3 relates to Professional Standard 3	To update my knowledge on diabetes and its application to food service	<ul style="list-style-type: none"> ▪ review CPGs ▪ literature review and search in (PEN) database ▪ review facility menus 	<ul style="list-style-type: none"> ▪ the menus are compliant with recommendations 	Cycle menu is complete and has been reviewed.	October 1	Making our facility menus congruent with current diabetes management philosophy.

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Goal 6 relates to Professional Standard # <u>1</u>	To improve my facilitation skills	<ul style="list-style-type: none"> ▪ Attend workshop re facilitation (if possible) ▪ Contact other professionals re their facilitation practices and resources ▪ Read key resources 	<ul style="list-style-type: none"> ▪ I am able to successfully facilitate meetings and deal with conflicts, etc. that arise. 	I have contacted our regional team development coordinator who provided me with some specific information on facilitating meetings. I have used the tips and feel it is going well. Our meetings are more productive and I do not get sidetracked by side issues.	Oct. 31	I am a better facilitator when it is my turn to facilitate team meetings and this makes us more productive.
Goal 7 relates to Professional Standard # <u>2</u>	To increase my knowledge of the new DRIs	<ul style="list-style-type: none"> ▪ complete DRI course offered by DC ▪ check the PEN database to see if it has any info re DRIs 	<ul style="list-style-type: none"> ▪ successfully complete the DRI course offered by DC, checked PEN ▪ apply new knowledge to my practice and make recommendations to my clients based on this information 	I completed the DRI lessons available to date through DC.	Sept 15	I can provide the most up to date nutrient recommendations to my clients.
Goal 8 relates to professional Standard # <u>4</u>	To improve leadership and management skills in the area of workplace attendance support/mgmt	<ul style="list-style-type: none"> ▪ attend seminar on Attendance Management ▪ read key resources ▪ network with others who manage attendance 	<ul style="list-style-type: none"> ▪ apply new knowledge to my practice and apply recommended strategies <ul style="list-style-type: none"> • 	I attended a seminar on Attendance Management offered through the health region and had the opportunity to network with other managers to discuss this issue	Aug. 15	Resulted in improved attendance amongst the staff I manage.

