Private Practice Dietitians in Saskatchewan

Private Practice Dietitians set their own rates, so contact the individual dietitian or check their website for pricing. The cost for private practice dietitian services may be covered by your insurance. This list is categorized by geographical location: provincial, Saskatoon and area, Regina and area.

Michelle Archer - Diabetes Training 101 Inc.
Website: www.diabetestraining.ca  Email: diabetestraining@sasktel.net
Phone: 306-501-9355  Twitter: @DiscoverT2D  Facebook: Diabetes Training 101 Inc.
LinkedIn: http://www.linkedin.com/pub/michelle-archer-rd/14/375/59a
Topics: Individual diabetes education and management support, menu review for foodservice operations such as daycare’s, youth homes, and correctional facilities, nutrition workshops on topics include healthy eating, carbohydrate counting, diabetes basics, diabetes self-management, label reading, grocery store savvy, how to avoid diabetes burn out, and other diabetes related topics. I also educate health care professionals using the very popular Diabetes Management University (DMU) training program.

Brooke Bulloch - Food to Fit
Website: www.foodtofit.ca  Email: brooke@foodtofit.ca
Phone: 306-717-6291  Twitter: @foodtofit  Facebook: Food to Fit
Topics: Individual or family nutrition assessment and consultation for general health, weight management, allergies, medical concerns, fitness/athletic performance, and introducing solids/infant nutrition. Food To Fit also offers group presentations, corporate/employee wellness, menu analysis, and professional seminars.

Alison Friesen - Alison Friesen Nutrition
Website: http://www.alisonfriesennutrition.com  Email: alisonsfriesen@gmail.com
Phone: 306-716-6203  Facebook: Alison Friesen Nutrition
Topics: Sports dietitian offering individual, group or team sessions. Also provides individual or family nutrition assessment and consultation for general health, fitness/athletic performance and digestive health. Alison Friesen Nutrition also offers group presentations and workshops and professional seminars.

Stephanie Langdon - Something Nutrishus Counseling and Coaching
Website: www.nutrishus.com  Email: steph@nutrishus.com  Phone: 306-262-7319
Blog: www.nutrishus.blogspot.com  Twitter: @nutrishusRD
LinkedIn: http://ca.linkedin.com/pub/stephanie-langdon-rd/16/951/993
Topics: Sports dietitian and service provider, food industry consultant and spokesperson, writer, blogger, presenter/workshop facilitator. Focused on performance and prevention.

Andrea Toogood - Enthrive
Website: https://app.enthrive.com/rd/andrea_toogood  Email: andrea.rdcoach@gmail.com
Phone: 1-866-670-9379 Ext. 3065
Topics: healthy lifestyle nutrition counseling, weight management, healthy eating for diabetes management.
Saskatoon and Area Private Practice Dietitians

Chelsea Harris
Website: www.vitaenutritionsaskatoon.com  Email: chelseaharrisrd@gmail.com
Phone: 306-361-3534
Topics: fertility, prenatal, postnatal, infant and child nutrition

Cathy Langdon- Craving Change™ Facilitator
Email: clangdon2@shaw.ca

Regina and Area Private Practice Dietitians:

Joanne Atkins- Joanne Atkins Nutrition Consulting
Email:joanne.atkins@sasktel.net  Phone: 306-565-0017

Nicole Pulvermacher-Eatwell Nutrition Consulting
Website: www.eatwellNutrition.ca  Email: nicole@eatwellNutrition.ca  Phone: 306-533-6908
Twitter: @NicoleEatwell  Facebook: Eatwell Nutrition Consulting
LinkedIn: ca.linkedin.com/in/nicolepulvermacher
Topics: Healthy lifestyle, food-behaviour change, weight management, and personalized menu plans. Also sees clients for treatment of medical conditions, including high blood pressure, high cholesterol, prediabetes, metabolic syndrome, and Irritable Bowel Syndrome. For corporations and groups, Nicole offers her expertise in facilitating Craving Change™ programs, nutrition workshops, menu reviews, grocery store tours, and resource development.

Shelley Case- Case Nutrition Consulting Inc.
Website: www.glutenfreediet.ca  Email: info@glutenfreediet.ca  Phone: 306-536-7716
LinkedIn: www.linkedin.com/in/shelleycase  Twitter: @shelleycase
Facebook: shelley.case.rd and gluten.free.diet.resource.guide
Topics: individual consults for Celiac disease and non-celiac gluten sensitivity only

Lacey Engel- Diaita Wellness
Website: www.diaitawellness.com  Email:lacey@diaitawellness.com  Phone:306-551-6641
Blog: www.diaitawellness.wordpress.com
Topics: Diaita Wellness offers personalized, customizable lifestyle based nutrition consulting for individuals and groups. Learn to reshape your thoughts and your lifestyle in our supportive environment.

Thomas Hamilton and Carla Coulson- Personal Best Nutrition Consulting Corp.
Email: pbnc@accesscomm.ca  Phone: 306-565-3204
Topics: sports nutrition and healthy lifestyle nutrition counseling

Jessica Van Blaricom
Email: kvanb@live.com  Phone: 306-726-2051
Topics: general nutrition and healthy lifestyle counseling

Roxane Wagner
Email: roxane.wagner@gmail.com  Phone: 306-450-0244