Private Practice Dietitians in Saskatchewan

Private Practice Dietitians set their own rates, so contact the individual dietitian or check their website for pricing. The cost for private practice dietitian services may be covered by your insurance. This list is categorized by geographical location: provincial, Saskatoon and area, Regina and area.

Michelle Archer-Diabetes Training 101 Inc.
Website: [www.diabetestraining.ca](http://www.diabetestraining.ca)  
Email: diabetestraining@sasktel.net  
Phone: 306-501-9355  
Twitter: @DiscoverT2D  
Facebook: Diabetes Training 101 Inc.  
LinkedIn: [http://www.linkedin.com/pub/michelle-archer-rd/14/375/59a](http://www.linkedin.com/pub/michelle-archer-rd/14/375/59a)
Topics: Education, management and support for people living with diabetes. Also deliver professional education programs for health care professionals and para-professionals wanting to learn more about diabetes self-management education through my Diabetes Manager University (DMU) training program and the Discovering Diabetes Self-Management curriculum.

Brooke Bulloch and Associates- Food to Fit
Website: [www.foodtofit.ca](http://www.foodtofit.ca)  
Email: brooke@foodtofit.ca  
Phone: 306-717-6291  
Twitter: @foodtofit  
Facebook: Food to Fit
Topics: holistic assessment and nutrition care planning for individual or families seeking support with meal planning, weight loss using whole foods and mindful eating techniques, chronic disease prevention, irritable bowel syndrome and gastrointestinal health, food allergies, eating disorders, bariatric surgery, fitness/athletic performance and infant nutrition. Food To Fit also offers group presentations, corporate wellness programs, menu analysis, and professional seminars. We also provide support for older adults in personal care home environments.

Alison Friesen- Alison Friesen Nutrition
Website: [http://www.alisonfriesennutrition.com](http://www.alisonfriesennutrition.com)  
Email: alisonsfriesen@gmail.com  
Phone: 306-716-6203  
Twitter: AlisonFriesenRD  
Facebook: Alison Friesen Nutrition
Topics: Sports dietitian offering individual, group or team sessions. Also provides individual or family nutrition assessment and consultation for general health, fitness/athletic performance, disordered eating and digestive health. Alison Friesen Nutrition also offers group presentations and workshops and professional seminars.

Linda Gilmour Kessler- North Sky Consulting
Phone: 306-930-9164  
Email: lkessler@northskyconsulting.ca
Topics: Diabetes and chronic disease prevention and management-individual counselling, group workshops/presentations, community projects and agriculture commodity group consulting and spokesperson.

Stephanie Langdon - Something Nutrishus Counseling and Coaching
Website: [www.nutrishus.com](http://www.nutrishus.com)  
Email: steph@nutrishus.com  
Phone: 306-262-7319  
Blog: [www.nutrishus.blogspot.com](http://www.nutrishus.blogspot.com)  
Twitter:@nutrishusRD  
Instagram:@nutrishusRD
Topics: Food industry/commodity group consultant and spokesperson; sports dietitian and service provider, writer, blogger, social media/communications expert; presenter/workshop facilitator. Focused on wellness, performance and prevention.
Andrea Toogood- Essence Nutrition and Wellness Coaching  
Website: www.essencenutritionandwellness.com  
Email: andrea.rdcoach@gmail.com  
Phone: 1-866-670-9379 Ext. 3065  
Telephone nutrition and wellness coaching from the convenience of your home or office.

Saskatoon and Area Private Practice Dietitians  
Chelsea Belt  
Website: www.vitaenutritionssaskatoon.com  
Email: chelseaharrisrd@gmail.com  
Phone: 306-361-3534  
Topics: fertility, prenatal, postnatal, infant and child nutrition

Cathy Langdon- Craving Change™ Facilitator  
Email: clangdon2@shaw.ca

Regina and Area Private Practice Dietitians:  
Joanne Atkins- Joanne Atkins Nutrition Consulting  
Email:joanne.atkins@sasktel.net  
Phone: 306-565-0017

Nicole Pulvermacher-Eatwell Nutrition Consulting  
Website: www.eatwellnutrition.ca  
Email: nicole@eatwellnutrition.ca  
Phone: 306-533-6908  
Twitter: @NicoleEatwell  
Facebook: Eatwell Nutrition Consulting  
LinkedIn: ca.linkedin.com/in/nicolepulvermacher  
Topics: Healthy lifestyle, food-behaviour change, weight management, and personalized menu plans.  
Also sees clients for treatment of medical conditions, including high blood pressure, high cholesterol, prediabetes, metabolic syndrome, and Irritable Bowel Syndrome.  
For corporations and groups, Nicole offers her expertise in facilitating Craving Change™ programs, nutrition workshops, menu reviews, grocery store tours, and resource development.

Shelley Case- Case Nutrition Consulting Inc.  
Website: www.glutenfreediet.ca  
Email: info@glutenfreediet.ca  
Phone: 306-536-7716  
LinkedIn: www.linkedin.com/in/shelleycase  
Twitter: @shelleycase  
Facebook: shelley.case.rd and gluten.free.diet.resource.guide  
Topics: Celiac disease, non-celiac gluten sensitivity and the gluten free diet.  
Consultant, media expert, spokesperson and presentations/workshops (for consumers, food industry and health professionals).

Lacey Engel- Diaita Wellness  
Website: www.diaitawellness.com  
Email: lacey@diaitawellness.com  
Phone:306-551-6641  
Blog: www.diaitawellness.wordpress.com  
Topics: Diaita Wellness offers personalized, customizable lifestyle based nutrition consulting for individuals and groups. Learn to reshape your thoughts and your lifestyle in our supportive environment.

Thomas Hamilton and Carla Coulson-Personal Best Nutrition Consulting Corp.  
Email: pbnc@accesscomm.ca  
Phone: 306-529-6881  
Topics: sports nutrition and healthy lifestyle nutrition counseling

Jessica Van Blaricom-  
Email: kvanb@live.com  
Phone: 306-726-2051  
Topics: general nutrition and healthy lifestyle counseling

Roxane Wagner-  
Email: roxane.wagner@gmail.com  
Phone: 306-450-0244