
Tracy Sanden

MAL Professional Conduct

Tracy is a graduate with a B. Sc. in Nutrition from University of Saskatchewan (2003) and a Masters of public health in health promotion from the School of Public Health, University of Alberta (2012). Tracy has worked for over 10 years in community and public health roles. Her focus has been community development, food security, high risk pregnant women and their families and built environments which includes community design, needs assessments, food environments and sustainable food systems. Her current work is in health promotion as a senior lead on healthy environments with the Regina Qu'Appelle Health Region in Regina, SK.

In her spare time, Tracy enjoys growing food, learning and creating adventures with her family.