
Lea Polkinghorne, RD

Member At Large

Lea completed her Bachelor of Science with a major in Physiology in 2006, followed by her Bachelor of Science in Nutrition from the University of Saskatchewan in 2008. Following graduation Lea worked in various roles, including home care, peritoneal dialysis, clinical nutrition and community. She settled into her current position as the Community Dietitian in Rosthern, SK in 2010.

Lea lives in Martensville with her husband, Brenen, and her 2 boys, Sam and Jackson. In her spare time, you will find her reading, quilting and on camping adventures with her family.