

Standard 10. Evidence-Informed Practice

Standard

Registered Dietitians provide **professional services** using an **evidence-informed** approach.

Indicators

To demonstrate this standard, Registered Dietitians will:

- a) Access and critically appraise current and applicable evidence.
- b) Incorporate current evidence, using critical thinking and professional judgment, when providing professional services.
- c) Initiate and/or participate in evaluation and health service **quality** improvement activities (e.g., client questionnaires, chart audits, population health data review) to assess new and/or ongoing professional services, products, and programs.
- d) Use the feedback obtained from health service quality improvement activities to improve professional services.
- e) Contribute to new knowledge, by participating in data collection and practice-based research as feasible, conforming to applicable research ethics guidelines and processes.

Practice Outcome

Clients can expect Registered Dietitians to use an evidence-informed approach in the delivery of professional services.

Related Standards

- Assessment and Interventions
- Client-Centred Services
- Collaborative Practice
- Communication
- Competence
- Consent

Resources

- International Confederation of Dietetic Associations. (2010). *Evidence-based Dietetics Practice*. Available at: <http://www.internationaldietetics.org/International-Standards/Evidence-based-Dietetics-Practice.aspx>
- Integrated Competencies for Dietetic Education and Practice v.3 Available at: <https://www.saskdietitians.org/wp-content/uploads/2024/02/Integrated-Competencies-For-Dietetic-Education-And-Practice-ICDEPV-3-August-4-2020.pdf>
- Practice-based Evidence in Nutrition. (2017). *Practice-based Evidence in Nutrition Website*. Available at: <http://www.pennutrition.com/index.aspx>

Saskatchewan Resources

- Saskatchewan College of Dietitians. (2005). *Code of Ethics*. Available at: <https://www.saskdietitians.org/wp-content/uploads/2024/02/SCD-Code-of-Ethics-2005.pdf>