

## Standard 2. Assessment and Interventions

### Standard

Registered Dietitians competently select and interpret **assessment data**, develop goals/plans, and implement appropriate interventions in the delivery of **client-centred, professional services**.

### Indicators

To demonstrate this standard, Registered Dietitians will:

- a) Obtain **clients' consent** for professional services.
- b) Obtain, review, and interpret relevant assessment data.
- c) Collaborate and communicate with clients to determine goals/plans and interventions.
- d) Implement, coordinate, and document the delivery of client-centred interventions.
- e) Monitor, evaluate, and document the impact of interventions in achieving identified outcomes, proposing alternative interventions if goals have not been achieved.
- f) Continue to offer professional services until either the client is transferred, discharged, self-managing, declines care, another provider has assumed responsibility, or the Registered Dietitian determines further services are not required.

### Practice Outcome

Clients can expect that Registered Dietitians assess relevant data, develop goals/plans, implement, and evaluate client-centred interventions.

### Related Standards

- Client-Centred Services
- Collaborative Practice
- Communication
- Competence
- Consent
- Evidence-Informed Practice
- Record Keeping

### Resources

- Dietitians of Canada. (2012). *Canadian Perspectives on Nutrition Care Process and International Dietetics and Nutrition Terminology*. Available at: <https://www.dietitians.ca/Downloads/Public/NCP-and-IDNT-Statement-Eng.aspx>
- Integrated Competencies for Dietetic Education and Practice v.3. Available at: <https://www.saskdietitians.org/wp-content/uploads/2024/02/Integrated-Competencies-For-Dietetic-Education-And-Practice-ICDEPV-3-August-4-2020.pdf>

### Saskatchewan Resources

- Saskatchewan College of Dietitians. (2005). *Code of Ethics*. Available at: <https://www.saskdietitians.org/wp-content/uploads/2024/02/SCD-Code-of-Ethics-2005.pdf>
- Saskatchewan College of Dietitians (2018). SCD Guideline on consent. Available at: <https://www.saskdietitians.org/scd-standards-for-safe-competent-ethical-conduct/>
- Saskatchewan College of Dietitians (2018). SCD Guideline on documentation. Available at: <https://www.saskdietitians.org/scd-standards-for-safe-competent-ethical-conduct/>