

Practice Standard

# STANDARD 7

# **COMPETENCE**

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Saskatchewan  
College of Dietitians

Version 1 | May 2026

## Standard

Registered Dietitians are responsible and accountable for their continuing competence in order to provide safe, ethical, **professional services**.

## Indicators

To demonstrate this standard, Registered Dietitians will:

- a) Provide professional services within the limits of their qualifications and personal level of competence.
- b) Evaluate their own practice and participate in continuing professional development to identify and address learning needs.
- c) Identify practice situations beyond their personal level of competence and consult, refer, and/or obtain further knowledge and skills to provide professional services.
- d) Maintain competence in present area(s) of practice, incorporating evidence into professional services.
- e) Acquire the knowledge and skills to practice competently in emerging practice areas as required.
- f) Comply with the SCD continuing competence program, adhering to all applicable legislative and regulatory requirements.
- g) Voluntarily withdraw from practice if they self-identify that they are no longer able to provide safe, competent, ethical services (e.g., illness, substance abuse).

## Practice Outcome

**Clients** can expect Registered Dietitians to be competent to provide safe, ethical, professional services.

## Related Standards

- Assessment and Interventions
- Evidence-Informed Practice
- Professional Practice Obligations

## Resources

Partnership for Dietetic Education and Practice. (2013). The Integrated Competencies for Dietetic Education and Practice (ICDEP). Available at:

[http://www.pdep.ca/files/PDEP\\_Integrated\\_Competencies\\_for\\_Dietetic\\_Education\\_and\\_Practice\\_%5bICDEP%5d\\_%5b2013-April%5d.pdf](http://www.pdep.ca/files/PDEP_Integrated_Competencies_for_Dietetic_Education_and_Practice_%5bICDEP%5d_%5b2013-April%5d.pdf)

## Saskatchewan Resources

Saskatchewan College of Dietitians. (2005). Saskatchewan College of Dietitians Code of Ethics for Registered Dietitians. Available at: <http://www.saskdietitians.org/wp-content/uploads/2015/11/Code-of-Ethics-SCD.pdf>

Saskatchewan College of Dietitians. (2018). Saskatchewan College of Dietitians Continuing Competence Program Member Workbook. Available at: <https://www.saskdietitians.org/wp-content/uploads/2018/05/SCD-CCP-workbook-2018-19-FINAL.pdf>