

# STANDARD 10

# **EVIDENCE INFORMED PRACTICE**

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Saskatchewan  
College of Dietitians

## Standard

Registered Dietitians provide **professional services** using an **evidence-informed** approach.

## Indicators

To demonstrate this standard, Registered Dietitians will:

- a) Access and critically appraise current and applicable evidence.
- b) Incorporate current evidence, using critical thinking and professional judgment, when providing professional services.
- c) Initiate and/or participate in evaluation and health service **quality** improvement activities (e.g., client questionnaires, chart audits, population health data review) to assess new and/or ongoing professional services, products, and programs.
- d) Use the feedback obtained from health service quality improvement activities to improve professional services.
- e) Contribute to new knowledge, by participating in data collection and practice-based research as feasible, conforming to applicable research ethics guidelines and processes.

## Practice Outcome

Clients can expect Registered Dietitians to use an evidence-informed approach in the delivery of professional services.

## Related Standards

- Assessment and Interventions
- Client-Centred Services
- Collaborative Practice
- Communication
- Competence
- Consent

## Resources

International Confederation of Dietetic Associations. (2010). Evidence-based Dietetics Practice. Available at: <http://www.internationaldietetics.org/International-Standards/Evidence-based-Dietetics-Practice.aspx>

Partnership for Dietetic Education and Practice. (2013). The Integrated Competencies for Dietetic Education and Practice (ICDEP). Available at: [http://www.pdep.ca/files/PDEP\\_Integrated\\_Competencies\\_for\\_Dietetic\\_Education\\_and\\_Practice\\_%5bICDEP%5d\\_%5b2013-April%5d.pdf](http://www.pdep.ca/files/PDEP_Integrated_Competencies_for_Dietetic_Education_and_Practice_%5bICDEP%5d_%5b2013-April%5d.pdf)

Practice-based Evidence in Nutrition. (2017). Practice-based Evidence in Nutrition Website. Available at: <http://www.pennutrition.com/index.aspx>

## Saskatchewan Resources

Saskatchewan College of Dietitians. (2005). Saskatchewan College of Dietitians Code of Ethics for Registered Dietitians. Available at: <http://www.saskdietitians.org/wp-content/uploads/2015/11/Code-of-Ethics-SCD.pdf>