

Standard Practice

STANDARD 4

CLIENT-CENTERED SERVICES



Saskatchewan
College of Dietitians

Version 1 | May 2026

Standard

Registered Dietitians provide professional services that recognize and respect the unique needs, goals, values, and circumstances of clients.

Indicators

To demonstrate this standard, Registered Dietitians will:

- a) Acknowledge and respect the rights, dignity, and uniqueness of each client (e.g., ethnic/cultural background, religion, age, gender, social status, marital status, sexual orientation, political beliefs, physical/mental ability, corporate mission, and values).
- b) Collaborate with clients to identify and develop goals, plans, and interventions to meet their unique needs.
- c) Acknowledge and respect clients' rights to autonomy and decision making over their own health.
- d) Advocate on the client's behalf when required.

Practice Outcome

Clients can expect that their goals and values will be incorporated into the Registered Dietitian's delivery of client-centred services.

Related Standards

- Assessment and Interventions
- Collaborative Practice
- Communication
- Consent
- Professional Practice Obligations

Resources

Partnership for Dietetic Education and Practice. (2013). The Integrated Competencies for Dietetic Education and Practice (ICDEP). Available at:

http://www.pdep.ca/files/PDEP_Integrated_Competencies_for_Dietetic_Education_and_Practice_%5bICDEP%5d_%5b2013-April%5d.pdf

Cultural Safety and Humility

Cultural Safety and Humility: Creating a Climate For Change-

[https://www.fnha.ca/Documents/FNHA-Creating-a-Climate-For-Change-Cultural-Humility - Resource-Booklet.pdf](https://www.fnha.ca/Documents/FNHA-Creating-a-Climate-For-Change-Cultural-Humility-Resource-Booklet.pdf)

Indigenous Health

Truth and Reconciliation Commission of Canada. (2017). Truth and Reconciliation Website. Available at: <http://www.trc.ca/websites/trcinstitution/index.php?p=3>

Ian Mosby presentation at the University of Saskatchewan on Nutrition Research undertaken at Residential Schools in Canada. Links to Video ([here](#)), slides ([here](#)) and 2017 CMAJ article ([here](#)).

2SLGBTQ

Providing Inclusive Services for LGBT People by the Fenway Institute:

Two Spirit and LGBTQ Indigenous Health by Rainbow Health Ontario:

[https://www.rainbowhealthontario.ca/wp-](https://www.rainbowhealthontario.ca/wp-content/uploads/2016/07/2SLGBTQINDIGENOUSHEALTHFactSheet.pdf)

[content/uploads/2016/07/2SLGBTQINDIGENOUSHEALTHFactSheet.pdf](https://www.rainbowhealthontario.ca/wp-content/uploads/2016/07/2SLGBTQINDIGENOUSHEALTHFactSheet.pdf)

Breaking Down Barriers: A tool to address inequities in LBGT2-SQ Healthcare in Sudbury Ontario (Health Care Providers Handbook) by Webber et al:

<https://www.yumpu.com/en/document/read/55485157/breaking-down-barriers>

TransCareBC: Trans Basics: <http://www.phsa.ca/transcarebc/trans-basics>

Saskatchewan Resources

Saskatchewan College of Dietitians. (2005). Saskatchewan College of Dietitians Code of Ethics for Registered Dietitians. Available at: <http://www.saskdietitians.org/wp-content/uploads/2015/11/Code-of-Ethics-SCD.pdf>

- Saskatchewan Multicultural Society Resource List-

<https://docs.google.com/document/d/1PrAq4iBNb4nVlcTsLcNIW8zjaQXBLkWayL8EaPlh0bc/preview>

Trans Sask Support Services/Resources: <http://www.transsask.ca/resources/>