

Practice Standard

STANDARD 9

CONSENT



Saskatchewan
College of Dietitians

Version 1 | May 2026

Standard

Registered Dietitians obtain appropriate **client consent** in the delivery of **professional services**.

Indicators

To demonstrate this standard, Registered Dietitians will:

- a) Provide clients with complete and objective information regarding the risks, benefits, and options for treatment and/or professional services.
- b) Obtain client consent prior to the delivery of services and document as required.
- c) Inform clients in a timely manner of proposed changes to the agreed-upon intervention plan and/or provide new information relevant to consent.
- d) Respect the client's right to: make choices, consult, and request additional information; refuse proposed interventions; and withdraw previously provided consent at any time.
- e) Obtain approval from the appropriate research ethics board and consent from clients participating in research studies.

Practice Outcome

Clients can expect Registered Dietitians to obtain consent in the delivery of professional services.

Related Standards

- Assessment and Interventions
- Client-Centred Care
- Communication
- Evidence-Informed Practice
- Record Keeping

Resources

College of Dietitians of Ontario. (2017). Unpacking Consent: Professional & Regulatory Obligations for Dietetic Practice. Available at:

<https://www.collegeofdietitians.org/Resources/Document-Type/E-Learning-Modules/Consent-Learning-Modules.aspx>

Canadian Medical Protective Association (2016). Consent: A Guide for Canadian Physicians.

Available at: <https://www.cmpa-acpm.ca/en/advice-publications/handbooks/consent-a-guide-for-canadian-physicians>

College of Physicians and Surgeons (2017). Policy on Informed Consent and Determining Capacity for Consent. Available at:

<https://www.cps.sk.ca/iMIS/Documents/Legislation/Policies/POLICY%20-%20Informed%20Consent%20and%20Determining%20Capacity%20to%20Consent.pdf>

Saskatchewan Resources

Saskatchewan College of Dietitians. (2018). Guidelines for Consent. Available at:

<https://www.saskdietitians.org/SCD/standards-documents/>

Saskatchewan College of Dietitians. (2005). Saskatchewan College of Dietitians Code of Ethics for Registered Dietitians. Available at: <http://www.saskdietitians.org/wp-content/uploads/2015/11/Code-of-Ethics-SCD.pdf>

Saskatchewan College of Dietitians. (2017). Jurisprudence Workbook. Available at: <https://www.saskdietitians.org/SCD/standards-documents/>

Government of Saskatchewan. (2016). The Child and Family Services Act. Available at: <http://www.publications.gov.sk.ca/freelaw/documents/english/statutes/statutes/C7-2.PDF>

Government of Saskatchewan. (2016). The Health Information Protection Act. Available at: <http://www.publications.gov.sk.ca/freelaw/documents/english/Statutes/Statutes/H0-021.pdf>

Government of Saskatchewan. (2017). The Health Care Directives and Substitute Decision Makers Act. Available at: <http://www.publications.gov.sk.ca/freelaw/documents/English/Statutes/Repealed/H0-001.pdf>

Office of the Saskatchewan Information and Privacy Commissioner. (2015). Best Practices for Gathering Informed Consent & the Content of Consent Forms: <https://oipc.sk.ca/assets/best-practices-for-gathering-informed-consent.pdf>

Office of the Saskatchewan Information and Privacy Commissioner. (2016). Best Practices for Responding to Access Requests. Available at: <https://oipc.sk.ca/assets/best-practices-for-responding-to-access-requests.pdf>

Office of the Saskatchewan Information and Privacy Commissioner. (2017). HIPA Guide Webinars. Available at: <https://oipc.sk.ca/resources/webinars/hipa-guide-webinars/>