

Practice Standard

STANDARD 2

ASSESSMENT & INTERVENTIONS



Saskatchewan
College of Dietitians

2018, Updated May 2026

Standard

Registered Dietitians competently select and interpret assessment data, develop goals/plans, and implement appropriate interventions in the delivery of client-centred, professional services.

Indicators

To demonstrate this standard, Registered Dietitians will:

- a) Obtain clients' consent for professional services.
- b) Obtain, review, and interpret relevant assessment data.
- c) Collaborate and communicate with clients to determine goals/plans and interventions.
- d) Implement, coordinate, and document the delivery of client-centred interventions.
- e) Monitor, evaluate, and document the impact of interventions in achieving identified outcomes, proposing alternative interventions if goals have not been achieved.
- f) Continue to offer professional services until either the client is transferred, discharged, self-managing, declines care, another provider has assumed responsibility, or the Registered Dietitian determines further services are not required.

Practice Outcome

Clients can expect that Registered Dietitians assess relevant data, develop goals/plans, implement, and evaluate client-centred interventions.

Related Standards

- Client-Centred Services
- Collaborative Practice
- Communication
- Competence
- Consent
- Evidence-Informed
- Practice Record Keeping

Resources

Dietitians of Canada. (2012). Canadian Perspectives on Nutrition Care Process and International Dietetics and Nutrition Terminology. Available at: <https://www.dietitians.ca/Downloads/Public/NCP-and-IDNT-Statement-Eng.aspx>

Partnership for Dietetic Education and Practice. (2020). The Integrated Competencies for Dietetic Education and Practice (ICDEP). Available [here](#).

Saskatchewan Resources

Saskatchewan College of Dietitians Code of Ethics for Registered Dietitians. Available at: <http://www.saskdietitians.org/wp-content/uploads/2015/11/Code-of-Ethics-SCD.pdf>

Saskatchewan College of Dietitians Guideline on Consent. Available at: <https://www.saskdietitians.org/SCD/standards-documents/>

Saskatchewan College of Dietitians Guideline on Documentation. Available at: <https://www.saskdietitians.org/SCD/standards-documents/>