

Standard Practice

STANDARD 4

CLIENT-CENTERED SERVICES



Saskatchewan
College of Dietitians

2018, Updated May 2026

Standard

Registered Dietitians provide professional services that recognize and respect the unique needs, goals, values, and circumstances of clients.

Indicators

To demonstrate this standard, Registered Dietitians will:

- a) Acknowledge and respect the rights, dignity, and uniqueness of each client (e.g., ethnic/cultural background, religion, age, gender, social status, marital status, sexual orientation, political beliefs, physical/mental ability, corporate mission, and values).
- b) Collaborate with clients to identify and develop goals, plans, and interventions to meet their unique needs.
- c) Acknowledge and respect clients' rights to autonomy and decision making over their own health.
- d) Advocate on the client's behalf when required.

Practice Outcome

Clients can expect that their goals and values will be incorporated into the Registered Dietitian's delivery of client-centred services.

Related Standards

- Assessment and Interventions
- Collaborative Practice
- Communication
- Consent
- Professional Practice Obligations

Resources

Partnership for Dietetic Education and Practice. (2020). The Integrated Competencies for Dietetic Education and Practice (ICDEP). Available [here](#).

Cultural Safety and Humility

Cultural Safety and Humility: Creating a Climate For Change-

<https://www.fnha.ca/Documents/FNHA-Creating-a-Climate-For-Change-Cultural-Humility - Resource-Booklet.pdf>

Indigenous Health

Truth and Reconciliation Commission of Canada. (2017). Truth and Reconciliation Website.

Available at: <http://www.trc.ca/websites/trcinstitution/index.php?p=3>

Ian Mosby presentation at the University of Saskatchewan on Nutrition Research undertaken at Residential Schools in Canada. Links to Video ([here](#)), slides ([here](#)) and 2017 CMAJ article ([here](#)).

2SLGBTQ

Two Spirit and LGBTQ Indigenous Health by Rainbow Health Ontario:

<https://www.rainbowhealthontario.ca/wp-content/uploads/2016/07/2SLGBTQINDIGENOUSHEALTHFactSheet.pdf>

Breaking Down Barriers: A tool to address inequities in LBGT2-SQ Healthcare in Sudbury Ontario (Health Care Providers Handbook) by Webber et al:

<https://www.yumpu.com/en/document/read/55485157/breaking-down-barriers>

TransCareBC: Trans Basics: <http://www.phsa.ca/transcarebc/trans-basics>

Saskatchewan Resources

Saskatchewan College of Dietitians. (2005). Saskatchewan College of Dietitians Code of Ethics for Registered Dietitians. Available at: <http://www.saskdietitians.org/wp-content/uploads/2015/11/Code-of-Ethics-SCD.pdf>

- Saskatchewan Multicultural Society Resource List-

<https://docs.google.com/document/d/1PrAq4iBNb4nVlcTsLcNIW8zjaQXBLkWayL8EaPIh0bc/preview>

Trans Sask Support Services/Resources: <http://www.transsask.ca/resources/>